

# GUNDALOW EDUCATION SAILS

# 2025 Information Packet

FEVESTS

# SAILING ON THE PISCATAQUA

Taking students out on the water is a transforming experience. The integrated program on PISCATAQUA will provide exciting opportunities for your class to explore our maritime heritage and make connections to their natural environment.

Contact us

(603) 433-9505

) education@gundalow.org

## PAYMENT:

Payment can be made in advance or on the day of your trip. We accept cash, check and credit cards. Checks can be payable to: Gundalow Company

## ARRIVAL:

Please plan to arrive at the dock 15 minutes before your scheduled trip. This will allow for a brief welcome before boarding, as well as bathroom stops (bathrooms are available in Prescott Park; while there is a marine head onboard, we do rely on a holding tank).

We recommend that the bus drop you and your students off by the flagpole in Prescott Park on Marcy Street, across from Strawbery Banke. Free bus parking is available on Peirce Island, just across the bridge from the park.

# **BOARDING THE** *PISCATAQUA*:

You will be greeted by the lead educator who will collect waivers and any other day of sail paperwork. Please divide your class into THREE groups before you arrive; these small groups allow for more hands-on opportunities. Gundalow crew will provide color-coded stamps when you arrive. Students will board in these three groups assisted by our crew. The captain will give an orientation and safety talk\* once your class is on the gundalow. Lifejackets are required up to grade 6, and are available to all passengers upon request.

Once the captain and educator/deckhands have prepared your class the PISCATAQUA will head out on the Piscataqua River and your students will help set the sail. The tide, wind, and weather will determine how far and in which direction you travel.

\* Safety is always our top concern. The Gundalow is a Coast Guard inspected vessel and our crew are trained in CPR and First Aid.



## LEARNING ON BOARD:

All program content is easily adapted to any watershed. Please speak with our Program Manager prior to your trip about additional content or accommodations you'd like or need so we can help you plan the best experience possible.

While the trip will be customized for your class, a sample agenda follows. \* Please note that the times are approximate and are based on your arrival.

9:00	Safety talk and orientation	12:00
9:15	First watch (set the sail)	12:15
9:30	First learning station	12:30
10:00	Off watch (chantey or observation)	1:00
10:15	Second learning station	1:15
10:45	Last watch (chantey or observation)	1:45
11:00	Third learning station	2:00

There will be time for students to observe, ask questions, and participate in guided discussions. Please let the onboard educator know if you would like to take an active role in any of these.

### WEATHER/CANCELLATION

Our programs generally run rain or shine, please dress appropriately for the weather. If the weather looks dangerous or excessively unpleasant the trip will be canceled by the captain and we will work with you to reschedule or refund you group. During high winds we sometimes run our programs partially at the dock or may not raise the sail.

### WHAT TO BRING:

- Student Waivers
- Sunscreen
- Reusable water bottle
- Raingear
- Sunglasses

# WHAT TO WEAR:

- Dress for the weather
- It is cooler on the coast
- Removable layers of clothing
- Rubber-soled shoes
- NO sandals

#### Hat

### WHAT TO LEAVE AT HOME:

- Electronics (including cell phones)
- Food and gum (not allowed on boat)
- Flip-flops, sandals, clogs
- Umbrellas

### **IMPORTANT REMINDERS:**

- It is typically cooler on the water! Make certain students dress for a boat ride, not for a day at school.
- Cell phones should be left on the bus
- Please have students eat before or after the trip
- there will not be time for snack during the sail.





### STUDENT SAIL REGISTRATION AND WAIVER

Please print and complete. Each passenger must turn in this form before sailing. Waivers for participants under age 18 must be signed by a parent or legal guardian.

Name:	Age (youth only):
School or Group:	Date of Sail:
Emergency contact:	Phone number:

#### Photo Release

- Check if you do not give permission for Gundalow Company Staff and/or person acting on their behalf to photograph myself/my child and allow Gundalow Company to use these pictures as it sees fit. I release all publication right to said photos

#### Medical Release

I hereby give permission to the Gundalow Company Staff and/or any adult member of the participating group to transport myself/my child to a doctor and/or a hospital for treatment. I authorize all medical, surgical, diagnostic and hospital care procedures which may be performed or prescribed for myself/or my child by a licensed physician or hospital, when efforts to contact me are unsuccessful, and when deemed immediately necessary or advisable by the physician to safeguard myself/or my child. I waive my right of informed consent to such treatment. If, for religious or other reasons, you with NOT to authorize treatment, please attach a letter of explanation.

#### **Participation Release:**

I acknowledge that I have voluntarily chosen and HEREBY GIVE permission for myself/my child to participate in a program conducted by Gundalow Company. I hereby certify that I am cognizant of the inherent dangers of sailing and water related activities and I hereby assume such risks. I HEREBY UNDERSTAND AND AGREE that Gundalow Company, its owners, directors, officers, operators, agents, employees, instructors, staff and crew together with other unnamed assistants, shall not be liable in any way for any occurrence in connection with any accident, injury or occurence to myself or the above named participant in connection with the activities of Gundalow Company unless the same is as a result of the negligence on the part of the above referred entities and persons. I further hereby waive and release any claim for personal injury or death against the above referred entities and persons and any and all damages to me, the above name participant, my estate, my family, heirs and assigns. In consideration of myself or the above named participant being allowed to participate in the activities of Gundalow Company, I hereby personally assume all risks in connection with said activities, whether foreseeable or unforeseeable and further to save and hold harmless said program, entities and persons from any claim by me, the above named participant, our families, estates, heirs and/or assigns arising out of my or the above named participant's enrollment and participation in this program. I further agree to indemnify Gundalow Company for all claims, demands, costs, and/or judgments arising out of my own acts or omissions arising from by participation. I further state that I am of lawful age and legally competent to sign this affirmation and release; that I understand the terms herein and contractual and not a mere recital; and that I have sign this document as my voluntary act.

#### I have fully informed myself of the content of this agreement by reading it before signing:

Participants Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian Signature (if participant under 18): \_\_\_\_\_